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The Carbon (November 22, 1985)

Marian University - Indianapolis

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THE CARBON

VOL. 3 NO. 12 NOVEMBER 22, 1985

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HOMECOMING 1985



DANCE PICTURES

In order to avoid a long delay, please have your picture taken as soon as you arrive at the hotel for the Homecoming Dance. Many people waited too long last year and ended up eating slightly cold dinners! You might even want to arrive a few minutes early in order to avoid having to stand in line to have your pictures taken because there will be about 30-35 more couples at the dance this year.

Dr. Appleby

VARIETY SHOW

The Marian Knights displayed their musical talent Saturday night at the Homecoming Variety Show. The show, sponsored by the Music Club, was well attended. To start off the evening, the 1985 Homecoming Queen was crowned -- congratulations Cathy Watt.

The Queen Crowning was followed by many fine performances given by our talented Knights. A particular crowd-pleaser was Brian Ernstes and Fr. Leopold with their rendition of "Louisville Lou". Overall, it was an enjoyable evening for all.

Beth Sadenwater

DIRECTIONS TO ADAM'S MARK



MASS APPEAL, AGAIN!

The Broadway play Mass Appeal will return to Marian's Peine Theater on November 24 at 8:00 p.m. the drama tells the story of the confrontation of the play's two characters. Father Tim Farley represents "comfortable religion," for he knows his congregation and they know him. He keeps them happy, and they provide a big car and a steady supply of sparkling Burgundy. Into his comfortable life comes Mark Dolson, a young man who is preparing for the priesthood at a local seminary. He represents the challenge of global awareness. According to playwright Bill C. Davis, Dolson is "afire with ideals. He

feels that Farley has found peace but lost his faith." Each man discovers that he has much to learn from the other -- courage, tolerance, love, and forgiveness.

The play comes to Marian College as a "mass appeal" by Actors for Africa on behalf of African Famine Relief. There will be no admission charge, but the audience will have the opportunity to contribute a free-will donation for African relief. At the same time they will be treated to a very well performed contemporary drama.

Sister Stella Gampfer

HOLIDAY CALORIES

Beef, rib roast (3 oz.)	210
Biscuit (2 in.)	105
Cakes (1 slice)	
Cheesecake	450
Chocolate w/fudge frosting (2 layer)	435
Fruitcake	165
Candy	
Candy Cane	140
Fudge (1 in. sq.)	75
Chocolate Mint, 1 1/2"	45
Popcorn Ball	90
Cheese, 1 oz.	
Bleu	105
Cheddar	115
Chicken	
Fried w/skin (breast and leg)	250
Roasted, no skin (light meat 4 oz.)	185
Cookies	
Macaroon, 2 1/2 in.	85
Sugar, 3 in.	80
Cranberry sauce (1/2 c. sweetened)	100
Eggnog, 4 oz.	
Plain	170
Brandied	335
Gravy, creamed, 2 T.	45
Ham, baked, 2 slices	315
Ice cream, 1/2 c.	130
Nuts	
Cashews, 18 med.	160
Walnuts, 14 halves	185
Pies, 1/6 of 9 in.	
Lemon Meringue	355
Minced meat	425
Pecan	575
Pumpkin	320
Pork Roast, 3 oz.	215
Potato, sweet	
Candied, 1 piece	140
Pudding, 1/2 c.	
Bread w/raisins	250
Plum	340
Rice w/raisins	195
Stuffing, bread 1/2 c.	210
Turkey, roasted	
Dark, 4 oz.	330
Light, 4 oz.	190

LOGO CONTEST

Students in Indiana schools have been asked to participate in a contest to select the official logo for Hoosier Celebration '88.

The winning design will be used as the basis for an official Hoosier Celebration '88 logo. The logo will be used in all Hoosier Celebration '88 activities, including events, newsletters, films and advertising.

The winning entrant will receive a \$1,000 award from Hoosier Celebration '88 Inc., as well as a copy of the final, professionally produced version of the winning design.

The entries will be judged on the basis of: simplicity, uniqueness to Indiana, uniform applicability to all aspects of Hoosier Celebration '88, and symbolism of Indiana's past and the potential for its future.

Entries should be sent to Hoosier Celebration '88 Logo Contest, Room 206 State House, Indianapolis, Indiana 46204. The deadline for entering the contest is December 16, 1985.

HEALTH FAIR

Tuesday, November 26

Auditorium Foyer

Have your blood sugar tested.

Is this your up day or down?

Have your biorhythms checked!

Have your blood pressure checked!

MODEL U.N.

At the Model United Nations Security Council, held November 7 - 9 at Butler University, Marian College teams represented Denmark, India, and the United Kingdom. Chris Lowe, sophomore, received the award as the best delegate runner up and the outstanding service award from the president of the council. Chris was a member of the India delegation.

AFTER-SCHOOL ACTIVITIES MAKE THE BEST STUDENTS

(CPS) -- Students who took part in a lot of extracurricular activities in high school make the best college students, a new study by the Educational Testing Service (ETS) asserts.

The study, prepared for ETS by research psychologist Warren Willingham and called "Success in College," tracked the college careers of the Class of 1983 at nine colleges.

Willingham found that, while high school class rank and Scholastic Aptitude Test (SAT) scores are still by far the best measures of students' academic potential, extracurricular activities are the truest indicators of all-around college success.

But it is students who dedicate themselves to one or two activities -- not those who may dally in a smattering of activities -- who go on to do the best in college, Willingham found.

In essence, the study results tell students to "work hard, do well academically and, if you want an edge, pick one or two extracurricular activities and do them well," says David Perham, dean of admissions at Colgate and head of the committee for the nine colleges that participated in the study.

LIGHTER SIDE

New Dictionary Words:

Sistercide -- What your sister does to you when you thoroughly embarrass her by telling about something stupid she has done. Example: Jenny Richant paying the washing machine twice.

Fittingroomitis -- Someone trying on a dress backwards in a fitting room (Right, Dee Williams?)

D.E.A.R.

FACTORS THAT CONTRIBUTE TO HEADACHES

Indianapolis (ISMA) -- We all get headaches occasionally. In fact, it's a very common medical complaint according to the Indiana State Medical Association (ISMA). In most cases, a headache soon disappears and is not a symptom of anything serious. However, when headaches come at frequent intervals, are always located on the same side of the head, or affect your eyesight, muscle movement or sensitivity to touch, it's time to investigate the causes.

There are many types of headaches. A common one is a sinus headache which occurs when excess fluid builds in the sinus cavities and is unable to drain -- causing pressure that results in a headache. A true sinus

headache usually requires medicine that will clear blocked sinus passages.

Blood vessels that shrink and then swell can also cause headaches. A migraine fits in this category. Migraine comes from the Greek word meaning "half the skull," which is a good description since this type of ache is usually on one side of the head. By nature, it is a combination of vascular and muscular constriction and tension.

Tension headaches are also very common. They are caused by muscles that stiffen at the back of your neck that may make you feel as though you have a tight band around your head. Usually this type of headache occurs after an unpleasant or stressful

experience. It can be relieved by massaging the back of your neck, applying a heating pad or simply relaxing in a hot tub.

According to the ISMA, headaches can be triggered by some surprising culprits such as cheese, chocolate, coffee, hotdogs, or wine. Also cigarette smoke, perfume and bright lights might initiate headache pain. Checking your blood pressure is also a good idea. Headaches can be a symptom of high blood pressure which is characteristically worse in the morning but eases up later in the day.

When headaches occur frequently, the ISMA suggests talking to your physician as it could be a symptom of something more serious.

TEA HOUSE

Need something to do this Sunday? Come out and join the Sophomore Class as we do a little work on the Japanese Tea House at 1:00 p.m. (near Doyle Hall). Give us your support! Thanks!

CIRCLE K

Circle K meetings will be held every Thursday at 8:30 p.m. Anyone interested in knowing more about Circle K please come to one of our meetings and learn a little more about us.

Detra Hernandez,
President



ACROSS

- 1 Opening in fence
- 5 Jump
- 8 Crippled
- 12 Landed
- 13 Arabian garment
- 14 Roman road
- 15 Woodworking machines
- 17 Shred
- 19 Showy flower
- 20 Musical instruments
- 21 Man's name
- 23 Mend with cotton
- 24 Distant
- 26 Sedate
- 28 Speck

- 31 Three-toed sloth

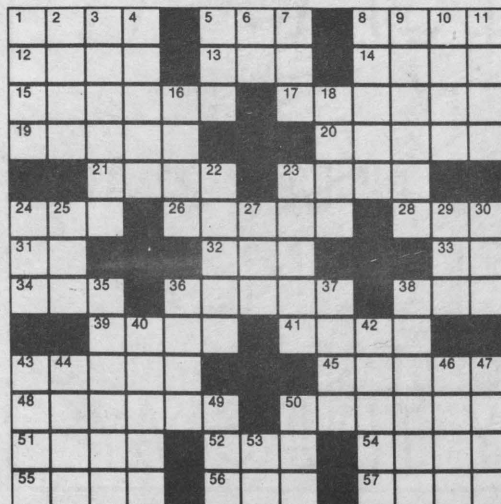
- 32 Grain
- 33 Pronoun
- 34 Arid
- 36 Change
- 38 Goal
- 39 Recedes
- 41 Baker's product
- 43 Be of use
- 45 Nooses
- 48 Trade
- 50 Individuals
- 51 Anglo-Saxon slave
- 52 Time gone by
- 54 Chair
- 55 Smaller number
- 56 Deity
- 57 Girl's name

DOWN

- 1 Festive

- 2 Word of sorrow
- 3 Snicker
- 4 Chemical compound
- 5 Possesses

- 6 River in Siberia
- 7 Timely
- 8 Liquid measure
- 9 Be present
- 10 Reward
- 11 Transgresses
- 16 Goddess of discord
- 18 Sandarac tree
- 22 Allays
- 23 Hinder
- 24 Novelty
- 25 Ventilate
- 27 Flying mammal
- 29 To have
- 30 Spread for drying
- 35 Longs for
- 36 Competent
- 37 Part in play
- 38 Ran away to be married
- 40 Seizes with the teeth
- 42 Detached
- 43 Son of Adam
- 44 Urn
- 46 Scheme
- 47 Bristle
- 49 Tattered cloth
- 50 Seed container
- 53 Proceed



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College Press Service

This week's Carbon was brought to you by:

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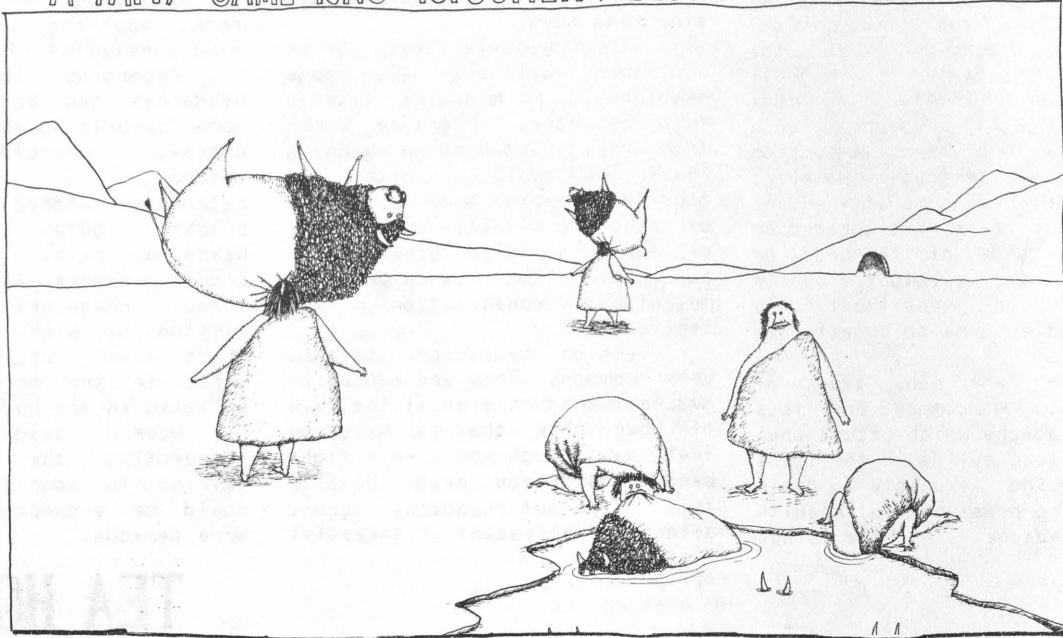
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Angie Richart Deb Erven
Brother James Rinard, O.S.B.

The Carbon Staff would like to extend a special thanks to Mrs. Spalina and Linda Oldham. Thanks for your time and effort put into the success of The Carbon.

A PARTY GAME LONG forgotten: Bobbing for Bison

Chicago magazine



Featuring
Hand-Thrown Pizza
Tostada Pizzas
And
Authentic Grecian Gyros

	Regular	Tostada
10 inch	3.50	3.90
12 inch	3.95	4.25
14 inch	4.90	5.35
16 inch	5.70	6.10

All Tostada Pizzas are topped with refried beans, nacho cheese sauce, seasoned ground beef, and tangy cheddar cheese.

Authentic Grecian Gyros
with Special Sauce \$2.00

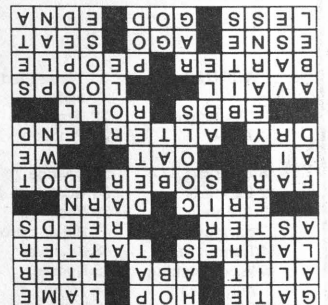
Pizza Hours
Mon-Thurs 8:00-11:00 p.m.
Sun 8:00-12:00 a.m.

PHONE 929-0358

WE DELIVER

ATTENTION SENIORS

Attention Seniors, there will be an all class meeting on Tuesday, December 3 at 8:45 p.m. in the Library Auditorium. Topics of discussion will be: 1) degree applications, 2) caps and gowns, 3) graduation, and 4) a fund raiser.



the Mug Rack

30th and Kessler
924-6211

Sandwiches



Drinks

PIZZA

STUDENTS UNDER 21 ARE
WELCOME!
MARIAN COLLEGE NIGHT IS
EVERY THURSDAY